

## Appendix 2 – Healthy Weight Workstreams, July 2018

Workstream	Description	Next Steps
<b>Care Pathway</b>	Drafting a healthy weight care pathway for adults, alongside the children's team. This is being developed jointly to ensure that the transition from children and young people (CYP) to adults is considered.	<ul style="list-style-type: none"> <li>• Completing GP questionnaires and Public Questionnaires to ensure the pathway reflects the needs of service providers and residents. New plan to be published in August.</li> <li>• Discussion with Leisure commissioners to discuss transfer of tier II adults and children weight management services.</li> <li>• Draft review and feedback meeting planned with stakeholders for start of July, with final pathway due for publication start of August.</li> </ul>
<b>Mayor's Golden Kilometre &amp; Resilient Schools</b>	Schools are supported by Public Health, Sports and Physical Activity (SPA) and the Healthy Schools programme to sign up to the Mayor's Golden Kilometre; a programme which encourages all students to get out and walk a kilometre every day.	Embedding Mayor's Golden Kilometre into the wider resilient schools programme.
<b>Early Start</b>	Public Health is currently promoting the uptake of Healthy Start vouchers. This scheme provides pregnant women under the age of 18 & those living on certain benefits (with children under the age of 4) with food vouchers to spend on milk, fruit and vegetables & infant formula milk.	Data is collected on a monthly basis & circulated to children's centres, showing which shops currently accept vouchers.
<b>Local Government Declaration of Sugar Reduction &amp; Healthier Eating</b>	A Sustain initiative whereby local authorities agree to actions across six areas to reduce sugar consumption and encourage healthier eating. Commitments can be for existing projects, but there must also be commitment to at least 3 new projects, across areas including advertising, local food provision and raising public awareness.	<ul style="list-style-type: none"> <li>• Mapping current actions done by the Council and potential future actions across the 6 key areas of the declaration.</li> <li>• The proposed actions for Barnet will then be run by Director of Public Health (DPH) and Members before submission to Sustain and</li> <li>• Presentation at the HWBB in November or January.</li> </ul>

<b>FAB campaign</b>	A Barnet-wide campaign to promote physical activity, working alongside our leisure provider and clubs in the borough.	It is intended to develop and deliver a borough-wide campaign to residents underpinned by sub-campaigns targeting specific groups.
<b>Transport &amp; Local Implementation Strategy</b>	The new Mayor's Transport Strategy & accompanying local implementation plan (LIP) funding are based around the Healthy Streets approach. This includes 10 "healthy street" indicators which aim to improve air quality, reduce congestion, encourage physical activity & safer communities.	Public Health is contributing to the development of Barnet's LIP application (submitting to TfL October 2018) & are acting as consultees for the local Sustainable Transport Strategy (being developed). We will be embedding active transport into both plans to encourage residents to participate in physical activity.
<b>Healthier Catering Commitment (HCC)</b>	Supporting food businesses to provide healthier options and to change the ways in which they prepare, cook and sell food to the standards of Healthier Catering Commitment (a London-wide initiative).	To work with Re on future provision of HCC and to support current HCC holders to continue to improve.
<b>Food Security</b>	Successfully bid for funding from the GLA to develop a food security action plan. Draft Needs Assessment presented at Food Security Summit on 20 <sup>th</sup> June. The purpose of the action plan is to ensure all residents have physical, social and financial access to nutritious food in Barnet.	Collecting further research until September 2018. Will be developing an Action Plan to present at the November HWBB.
<b>Planning Policy</b>	Providing Public Health input into the revised Local Plan and accompanying documentation	Currently developing a Hot Food Takeaways Evidence Paper to support a local policy on the restrictions of hot food takeaways. In September 2018 we will be working with the policy team to conduct a health impact assessment on the Local Plan to ensure it has realised every opportunity to promote active & healthy living across the borough.